



# An Opportunity to Move!

A half day workshop with Lizie Giraudeau  
*Workshops on Theatre (WOT)* sponsored by ODN and OTG

**Sunday 8 November 2009 10:00 – 13:00 at the European School, Culham  
OX14 3DZ**

### Workshop Outline

This workshop aims at increasing confidence and understanding of our bodies, expanding our own physical vocabulary, developing awareness of other people in the space and the ability to react and respond to them. We will explore movement ideas and qualities through improvisation and group tasks. We will also focus on performing simple movement phrases, from gesture to hip hop!

No previous dance experience is necessary although it will be useful. We will be working individually, in pairs and in groups. Please wear loose soft clothing which will be comfortable to roll around in. Soft rubber soled dance shoes are suitable or simply bare feet.

### About Lizie Giraudeau

Lizie Giraudeau danced professionally for over 20 years in leading contemporary companies including London Contemporary Dance Theatre and Siobhan Davies Dance Company, and in musical theatre (including 'Song and Dance' at the Palace and Shaftesbury Theatres and 'Mutiny' at the Piccadilly). More recently she has been working as a choreographer and workshop leader for a number of physical theatre, dance and cross-art projects across Oxfordshire, alongside regular teaching work in schools.

### Workshop fee for the half day

- ODN members (if you belong to a drama group affiliated to ODN, you are a member) £10.00
- Concessions (students, senior citizens and the unemployed) £8.00
- Non ODN members please **add £6** for insurance cover

*No refund of the workshop fee can be made within 48 hours of the event*

Please return completed form and payment, cheques made payable to WOT, to:  
Felicity Peacock, WOT Committee, 2 Cot's Green, Kidlington OX5 1UX  
Email [felicity.peacock@which.net](mailto:felicity.peacock@which.net) tel 01865 376215

CUT HERE -----

### Movement workshop: Morning of Sunday 8 November 2009

Name: ..... Drama Group (if applicable).....

PLEASE PRINT

Address.....

.....Post Code .....

Tel. No..... E:mail.....

I am: \*a full ODN Member, \*Concession, \*non ODN member (\*Delete as appropriate)

I enclose a cheque for £..... \* I can't search Google maps using the post code for a map so  
please send me a printed one

*Unless you request otherwise, your details will be held on a computer so that we can advise you of future Workshops that might be of interest to you.*